

CASHBACK

GATEWAY TO OPPORTUNITIES

**CHILD RIGHTS &
WELLBEING SCREENING**



01

Brief Summary

CashBack Gateway to Opportunities is a bespoke wellbeing and personal development project focussing on engaging with young people from a variety of different backgrounds, aged 16-24 who are at risk of offending, (re)offending or those living in the most deprived areas in need of advice or guidance to progress into positive destinations. Delivering a wide range of life skills, personal development, learning and development and physical activity. CFCF's aim is to assist those most in need of support in order to have an opportunity to change their lives and progress into positive destinations such as volunteering, training, education or employment. In addition to this, a key focus for young people engaging with CashBack GTO is to encourage them to maintain good structure and routine in their lives, give them the experience of being in a positive and supportive environment, set goals to work towards and achieve, and ultimately make positive steps towards a better future for themselves. Gateway to Opportunities comprises three principal strands:

Strand One: 10 week core delivery at Celtic Park

Strand Two: Prison or secure setting outreach

Strand Three: Overarching Mental Health Provision

02

What aspects of the policy/measure will affect children and young people up to the age of 18?

The Articles of the UNCRC and the child wellbeing indicators under the Children and Young People (Scotland) Act 2014 apply to all children and young people up to the age of 18, including non-citizen and undocumented children and young people.

Therefore, the following articles have been identified in relation to Celtic FC Foundation Cashback Gateway to Opportunities Project:

Article 1 – Definition of the child

Article 2 – Non-discrimination

Article 3 – Best interests of the child

Article 5 – Parental guidance and the child's evolving capacities

Article 6 – Life, survival and development

Article 12 – Respect for views of the child

Article 13 – Freedom of expression



Article 14 – Freedom of thought, belief and religion
Article 15 – Freedom of association
Article 16 – Right to privacy
Article 17 – Access to information from media
Article 19 – Protection from violence, abuse and neglect
Article 22 – Refugee children
Article 23 – Children with disability
Article 24 – Health and health services
Article 26 – Social security
Article 27 – Good home, healthy food and warm clothing
Article 28 – Right to Education
Article 29 – Goals of education
Article 31 – Leisure, play and culture
Article 33 – Drug abuse
Article 34 – Sexual exploitation
Article 39 – Recovery from trauma and reintegration
Article 42 – Knowledge of rights

03

What likely impact – direct or indirect – will the policy/measure have on children and young people?

The Cashback Gateway to Opportunities project will directly impact our participants via the three strands:

Strand One: Core Delivery at Celtic Park

Delivered at Celtic Park across six 10-week blocks, project delivery will include: Assessment; Motivation; Confidence Building; Health and Wellbeing: Physical Activity; Mental Health Assessments; Disclosure Support; Learning and development Support; and Review and Progression Planning. This person-centred approach offers choice, chances and opportunities while supporting young people to move forward positively with their lives and reach their fullest potential.

Examples of the bespoke topics covered:

- Self-esteem, confidence and motivation
- Physical Activity
- Personal Development
- Action Planning & Goal Setting
- Healthy Lifestyle Choices
- Awareness sessions with external partners to maximise choices, opportunities and learning



- experiences
- Learning and development Skills
- Volunteering, education, training and/or employment taster sessions
- Certified/accredited modules or units

Strand Two: Prison and secure setting outreach

CFCF's staff team have direct interventions in HMYOI Polmont, HMP Addiewell, HMP Low Moss, HMP Barlinnie and additional youth secure settings. The team will deliver informative and interactive sessions, followed by an outdoor physical activity/multi-sports sessions over an agreed period of weeks. The aim being to create a pathway into the core 10 week project for participants due for liberation.

Strand Three: Overarching Mental Health Provision

There will be a dedicated area within CFCF's Learning Centre for this strand. This will be supplemented with educational, cognitive and learning resources; therapeutic resources (including sensory equipment); and furniture and soft furnishings to provide a safe, secure and comfortable setting for counselling and therapy sessions. This will be for the use of all CashBack GTO participants and to encourage engagement in all aspects of this support. CFCF's Trauma Counsellor will provide the following as part of our Strand 3 delivery:

- Trauma informed assessment of need for each participant
- Trauma informed risk assessment for each participant
- Care planning of treatment pathway – reviewed every 6 sessions of therapy
- One-to-one Counselling and Therapy – quantity determined by individual needs
- Wellbeing packs for each participant for use throughout the duration of Counselling and Therapy
- Continued engagement with participants attending counselling and therapy beyond the 10 week GTO CashBack project as per aftercare ethos of project
- Onward referral to other specific sources of support – such as addictions, carers support, domestic abuse, community youth projects or housing/ benefit support.
- Mandatory mental health learning modules such as Introduction to Mental Health and Self-Care and Mindfulness for all participants
- Additional tailored group work modules directed by participants themselves as per person centred self-determinism
- All mental health modules are interactive to reflect all learning styles – reflective observation (seeing); concrete experiential learning (hearing); abstract conceptualisation (logical thinking); Active experimentation (doing)
- Ongoing evaluation to reflect dynamic and fluid changes to module delivery

General

Across all three strands participants will benefit from working alongside various members of the CFCF team who will share a wide range of knowledge, skillset and specialisms to enhance their learning experience while on our project. This will include working with:

- CFCF Learning and development officer who will deliver sessions/workshops and provide



one-to-one advice and guidance, including aftercare support

- CFCF Wellbeing Coaches who will deliver physical activity, multi-sports and health and wellbeing sessions/workshops
- Guest speakers – We have a number of guest speakers who will come along and share their own lived experiences, offering hope and inspiration to participants
- External Agencies present opportunities to participants to maximise their chances of progressing into positive destinations
- Liaising with local provision, who deliver educational topical based workshops to our projects to increase learning and experience
- Trauma Counsellor will also deliver a range of group sessions selected by participants from our 'Pic & Mix' options
- Trauma Counsellor also provides bespoke one-to-one sessions for the participants and is present and responsive throughout the programme delivery.
- In addition, we strongly uphold The Children and Young People (Scotland) Act 2014, specifically Getting It Right For Every Child (GIRFEC) which is Scotland's approach to improving the wellbeing of children and young people, with 'wellbeing' defined by eight indicators listed in s.96(2) of the 2014 Act. These indicators – Safe, Healthy, Achieving, Nurtured, Active, Respected, Responsible, Included, are considered in each sessions learning plan.

04

Which groups of children and young people will be affected?

Although our target age demographic ranges from 16 to 24 years, children and young people aged 16 to 18 will be impacted positively by the CashBack Gateway to Opportunities Programme.

The team understand that although the articles relate to under 18's, we acknowledge that many of our participants have current experience of care placement, foster care and kinship care and may be subject to enhanced care provision until 26 years of age. With this in mind, the team promote a rights based approach to all participants regardless of age.

The programme is funded to work with children and young people from one or more of the following circumstances:

- Risk of offending or recidivism
- Unemployed and not in education or training
- Living in areas of deprivation

There have been no competing interests identified between different groups of children and young people.



05

Is a Children's Rights and Wellbeing Impact Assessment required?

Yes – Although Celtic FC Foundation implements all appropriate training, policies, procedures and safeguarding guidelines, we understand that we work to support the most vulnerable young people in our society.

By undertaking a full and robust assessment we can ensure that Cashback Gateway to Opportunities Project consolidates elements of delivery that work well, elements that require change and what requires to be added – all guided by the young people themselves.

We are committed to getting it right not just for one young person but for all young people who connect with us.

06

Sign & Date

Lead Signature & Date of Sign Off:



